

**Provider Meeting**

October 12th  
@ KSAS  
7-9 p.m.

417<sup>th</sup> BSB  
Family Child Care  
Providers Newsletter  
October 2004



Dear FCC Providers,

Hope you all are enjoying the “back to school” time of the year...with all new beginnings! Along with this, please remember to call the FCC office to confirm that new children are up to date with their registration. This is very important for the child, but also in order for you to receive your subsidy. I will be present for **Subsidy Night on 4 October**. If you need to return items to the lending library or gain new items that will be a great time to do so.

The monthly meeting for October is going to be full of good information and other fun surprises. These training sessions are mandatory and if you or your children are ill, please notify the office. Also, please call the office or email if you are going to be out, on a field trip or sick. This helps us in planning visits and keeps us up to date if parents call the office.

My last day of training the Giebelstadt new assistant director is 1 October, after that I will be closing on Fridays only from 3-6 pm until the 14<sup>th</sup> of October. I appreciate all your patients with tracking me down and seeing me a bit less over the last month and a half. It has been a good experience, but I am ready to get back to FCC full time!

Have a great month! See you all soon!

*Jackie Nitsche*  
Director, Family Child Care

**Subsidy Turn In Schedule:**

|              |  |
|--------------|--|
| 1 Oct        | (Friday) First Day to turn in            |
| <b>4 Oct</b> | <b>(Monday) Subsidy Night</b>            |
| 5 Oct        | (Tuesday) Last Day to turn in<br>By 1630 |

Dates to Remember

CYS On-Site Registration Dates:

|           |                   |
|-----------|-------------------|
| Tuesday   | 12 October @ GCDC |
| Wednesday | 13 October @ KCDC |
| Thursday  | 14 October @ LCDC |

**Parents Night Out**

(Not scheduled in October)

Parent Advisory Council (PAC) Meeting

Program is being restructured

We will keep you updated as changes occur

# Things to Think About



## Pushy Preschoolers

Your son used to love playing peacefully with his trains. Now he and his pal duel with plastic swords and fight pretend battles between superheroes and bad guys. Your little girl is less physical but no less aggressive. She calls her best friend not-nice names and insists on making the rules “because it’s my house.”

It’s normal for a parent to worry about such seemingly aggressive behavior. The good news is that the mock-violent play of boys and the bossy behavior more common among girls are normal at this age. These assertive acts allow preschoolers to vent negative feelings and get a taste of the power, control, and independence that 4- and 5-year-olds crave, says Kathy Reschke, Ph.D., an early childhood specialist.

However, playful aggression can spill over into destructive behavior, such as teasing, bullying, threatening, and hitting. Preschoolers who become accustomed to physical interaction are more likely to grab or push when conflict arises. And while the verbal skills of 4- and 5-year-olds are fast improving, their impulse control is less developed. “They’re more likely to use harmful words to get what they want,” Dr. Reschke says. “A child might say, “You can’t come to my birthday party unless you play this game now.”

Here’s how to make sure strong-arm tactics don’t become part of your child’s social style.

**Let Boys be Boys:** A 4- or 5-year-old boy’s roughhousing usually doesn’t require your intervention. However, because the rowdiness can easily get out of hand, keep a close watch on your child’s activity. **Point out their bad behavior:** Turning a blind eye to your child’s nasty taunts will send the message that they’re acceptable. If your daughter is rude to a friend, explain the consequences of her behavior. **Control the Triggers:** If you can determine what situations spark hostile behavior, you’ll be better able to avoid them --- or at least help your child prepare for them. Hunger, fatigue, and sudden transitions are common triggers for aggression. **Promote Problem-Solving:** Instead of merely telling your child their behavior isn’t acceptable, talk about how to respond appropriately the next time. **Work on Emotion Control:** Because 4- and 5-year-olds have a hard time containing negative feelings, they tend to act without thinking. Help your child distinguish between healthy emotions and unhealthy responses.

For more information contact your FCC provider

### Welcome New Providers:

*No New Providers*

### Farewell:

*Danielle Hampsmire*

Nov 9th  
Provider Meeting  
@ LSAS  
7-9 p.m.

Submit Your Childcare  
Needs to the FCC office by  
Nov 2nd

☺ Reminder ☺

Subsidy night is October 4<sup>th</sup>,  
but your last day to turn  
subsidy in is **October 5<sup>th</sup>**.

Quote for the month:

Leaders are visionaries  
with a poorly developed  
sense of fear and no  
concept of the odds  
against them. They make  
the impossible happen.

Dr. Robert Jarvik

### Happy Birthday:

|                        |        |
|------------------------|--------|
| <i>Sandra Aponte</i>   | 18 Oct |
| <i>Sabrina Rehedul</i> | 20 Oct |