



417th Base Support Battalion *Commander's Policy*

Policy Number: 7-2

Proponent: AETV-WG-WJ

Date: 12 July 2004

SUBJECT: Family Member Use of Community Fitness Centers

1. REFERENCES:

a. AR 215-1, Morale, Welfare and Recreation Activities and Nonappropriated Funds Instrumentalities, dated 28 Jun 04.

b. 98th Area Support Group OPORD 15-04, Family Member Utilization of Community Fitness Centers, dated 02 Aug 04.

2. PURPOSE: Establish guidelines and procedures to ensure the safe use of 417th BSB Fitness Centers, including facilities and equipment, by family members of specific age groups.

3. SCOPE: This policy applies to all authorized family members in the 417th BSB area of responsibility.

4. POLICY:

a. Family members 17 years and older are authorized unsupervised access to the Physical Fitness Centers for the purpose of actively engaging in a fitness activity. All behavior will be conducted according to fitness center rules and policies.

b. Family members between the age of 12 and 17 years, who have completed the gym orientation course and received a gym ID card, will be allowed unsupervised use of the basketball courts, racquetball courts, as well as cardiovascular area and strength rooms, but must be actively engaged in a fitness activity. Violations of gym SOPs, policy and inappropriate behavior will result in revocation of gym access.

c. All behavior will be conducted according to the fitness center SOPs and specific guidance as provided for in the teen muscle program.

d. Family members 11 years old and under are not authorized in the cardiovascular, strength, sauna or steam room areas at any time. However, patrons with children secured in a baby carriage or stroller may use the cardio room during non-peak hours of operation. The carriage or stroller should never be positioned to block an aisle or placed in such a manner as to risk the safety of the child as determined by MWR personnel.

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e. Family members of Kindergarten age and older will use gender appropriate showers, locker rooms and bathrooms. Children 11 years of age and under will be supervised at all times while using these facilities.

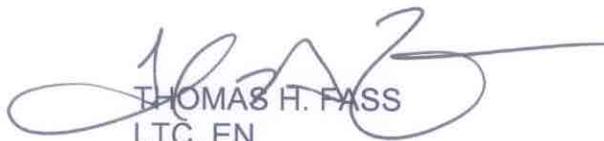
f. Family members under the age of 12 must be under direct supervision at all times while engaged as a spectator for a sports event or special activity. A parent or guardian participating in a game or event does not meet the requirements as a supervising adult.

g. All BSB fitness centers offer parent co-op programs, in which one parent may watch up to six children utilizing toys and equipment provided by the gym while the other parents engage in physical activity.

h. Family members of all ages may participate in special programs organized and conducted, (with direct oversight) by CYS, schools or other authorized youth organizations.

i. Sponsors and family members who fail to supervise their children, any misuse of equipment, or any violation of this policy will be reported to the BSB Commander and their Unit Commander. The sponsor may be restricted from further use of these facilities for a specified period of time to be determined by the BSB Commander.

5. PROPONENT: 417th BSB Director of Community Activities. Users of this policy memo are invited to send comments and suggested improvements to the Community Recreation Division, DSN355-8374.


THOMAS H. FASS
LTC, EN
Commanding